



CENTRE FOR INNOVATIONS IN PUBLIC SYSTEMS

NOTE ON DIPLOMA IN GENERAL NURSING AND MIDWIFERY (GNM)

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A Note on Diploma in General Nursing and Midwifery

Nursing is a dynamic and educative profession that functions in connection with other Healthcare Professionals in assisting individuals, families and communities to improve and maintain desirable health standards. They aim to meet the health needs of the society.

In India, the average nursing and midwifery per 10,000 population is 17.1. This is very low compared to other countries like Canada where the average nursing and midwifery per 10,000 population is 92.9 (WHO Health Report 2014). Many States in India face a shortage of nurses and midwives. In addition to that, the nurse to doctor ratio is almost 1.5:1 while it is 3:1 in developed countries. In the interest of patient care, there is a strong felt need for an improvement in the ratio of nurses vis-a-vis doctors/beds. Further emphasis must be laid on improving the skill level of nurses.

Improvement in nursing and midwifery education is linked with health of people, and therefore efforts need to be undertaken in this area. This calls for a well-structured training programme that will equip the nurses with adequate knowledge and skills to better understand the health needs and render care in accordance. The course must prepare the nurses to occupy the first level positions in the healthcare settings.

In this context, Diploma in General Nursing and Midwifery can play a crucial role in creating highly skilled nursing workforce.

Diploma in General Nursing and Midwifery is a three and a half years course. This course includes an internship programme of six months duration. The programme has been designed with a primary objective of creating an environment to facilitate complete, comprehensive and continuous learning of nursing care, both in hospital and nursing homes.

It has been noted that this course is predominantly run by the private sector. The figures that substantiate the same are as follows-

(The figures pertain to institutions all over the country)

Management	Number of Institutions	Number of seats
Government	173	7532
Private	1425	57930
Mission	71	2605
Trust	492	19748
Public Private Partnership	1	50
Charitable	1	20
Others	329	13221

Others include those institutes whose management type is unknown.

The curriculum of this programme is as follows-

First Year:

S.No	Subjects	Theoretical hours & Supervised practice
I	BIOLOGICAL SCIENCES	120
	I. Anatomy and Physiology	90
	II. Microbiology	30
II	BEHAVIOURAL SCIENCES	60
	I. Psychology	40
	II. Sociology	20
III	FUNDAMENTALS OF NURSING	215
	I. Fundamentals of Nursing	175
	II. First Aid	20
	III. Personal Hygiene	20
IV	COMMUNITY HEALTH NURSING- I	150
	I. Community Health Nursing	80
	II. Environmental Hygiene	20
	III. Health Education and Communication Skills	20
	IV. Nutrition	30

V	ENGLISH	30
	TOTAL HOURS OF FIRST YEAR	575

Second Year:

S.No	Subjects	THEORY
1	MEDICAL SURGICAL NURSING I	140
	I. Medical Surgical Nursing	120
	II. Pharmacology	20
2	MEDICAL SURGICAL NURSING II (Specialties)	120
	I. Communicable Diseases	40
	II. Orthopaedic Nursing	25
	III. Ear, Nose and Throat	20
	IV. Oncology/Skin	20
	V. Ophthalmic Nursing	15
3	MENTAL HEALTH AND PSYCHIATRIC NURSING	70
	Community Health Nursing	-
4	Computer Education	30
	TOTAL	360

Third Year:

I	Midwifery and Gynaecological Nursing	120
2	Community Health Nursing -II	100
3	Paediatric Nursing	70
	Total	290

Internship:

S.No	INTERNSHIP PERIOD	Hours Required
I	Educational Methods and Media for Teaching in Practice of Nursing	45
II	Introduction to Research	40
III	Professional Trends and Adjustment	40
IV	Administration and Ward Management	45
V	Health Economics	20
	Total	190

It has been carefully structured to match the health needs of the society and country at large.

Benefits:

- Increases the availability of frontline health workers.
- Lays down a foundation for further professional education and specialization.
- Improves their personal and professional lives to better serve the society.
- Keeps the knowledge levels of nurses abreast with the latest developments in Science and Technology to subsequently use the same to deliver better care.
- Generates more employment opportunities.

Eligibility Criteria-

The minimum qualification to enroll in this programme is 10 +2 or its equivalent with a minimum aggregate of 40% marks. The candidates should be within the age limit of 17-35.

Minimum Requirements to start this course-This course can be started without any special requirement of infrastructure.

- The parent hospital must have bed strength of 100.
- There should be a comprehensive OPD and IPD facilities. Other facilities like casualty department, operating rooms, Central Sterile Supply department and incinerator in the hospital.

- Arrangements should be made for training in the areas of medical, surgical, Pediatrics, Ophthalmology, ENT, Obstetrics, Gynaenocology and Orthopedic nursing.

Note: If all the requirements are not available with the parent hospitals, proper affiliations can be made with a nearby tertiary care hospitals provided all the available facilities are of the prescribed quality.

Besides the aforementioned requirements, provisions for library, seminar halls and multipurpose room must be made.